

Old Rectory House.

Safety & Rules Disclaimer

We want all guests to have an amazing experience here but your safety is of utmost importance. By using any of the facilities here at Old Rectory House you are agreeing to adhere to all the rules in this disclaimer.

Site

We provide free, off street parking for all our guests, however you park at your own risk and we cannot take any responsibility for any damage, accident or loss.

Due to the geographical nature of our site, the ground is undulating and uneven in places. Where possible stick to the pathways.

Our huts are a short walk from the parking area (uphill!). We provide wheelbarrows to help transport your luggage to your hut. If you need assistance please let us know in advance so we can ensure someone is on hand to help you.

To access Minnie's Hut you'll need to walk through our sheep field. Please stick to the path. The sheep will not bother you (they will avoid you!) but if you are concerned and want an escort, please let us know.

This is a working smallholding with livestock so please keep all gates shut.

Wi-Fi is available over the whole site and generally good, but being rural and the spread out nature of our site, it can be intermittent occasionally.

If you take anything from the shop or minibar in the pool house, simply fill out the IOU form and settle up before departure.

The beauty of our site is we are surrounded by amazing countryside. As such, at certain times of year there will be farming practises occurring in the vicinity of Old Rectory House so please be understanding of this.

We have several decking areas around the site for the hot tubs, sauna etc. These can get slippery in wet weather so please be very careful.

After dark the lighting around the site is sparse so please be careful moving around the site at night time.

Shepherd Huts

All hut guests have use of the pool area included in their stay. Please adhere to all the pool rules stated above including no solo swimming.

Please watch our shepherd hut self-check in video for full instructions on how to use the facilities at your hut, especially the hot tub. Do not attempt to use the hot tub without watching that video and if in any doubt please contact us before lighting.

Do not light the hot tub until it is filled with water.

Do not empty the hot tub until the fire is out and the stove is completely cold.

Consult with a qualified healthcare professional before using the hot tub, especially if you have pre-existing medical conditions, circulatory issues, or are pregnant.

All logs, kindling and BBQ charcoal are stored underneath your hut. Extra matches and firelighters are in the shed between Dotty's and Charlotte's Hut and also in the shed next to Minnie's Hut. These sheds also contain your recycling boxes and bins and we would greatly appreciate it if you could put your rubbish/recycling in there.

Please make sure all BBQs, fire pits and hot tub fires are extinguished after use.

Each hut has a first aid kit, fire extinguisher and fire blanket in the wardrobe.

Please take care when lifting and lowering the dining table in the huts. They are heavy. Do not use the table as a step to get into bed.

Pool Area

Pool opening hours are 10am - 5pm unless otherwise agreed.

Please shower before using the pool. There is an outdoor shower adjacent to the pool as well as a shower in the pool house bathroom. The pool does not have a lifeguard so you swim at your own risk. We cannot take responsibility for any accidents in and around the pool.

Solo swimming is strictly prohibited. Our insurance does not cover anyone swimming alone.

The pool hot tub will have a thin cover over it for the same reason, so just move it to the side when using the hot tub and replace after use.

The poolside hot tub is designed to hold up to 6 people at any one time.

The pool chemical levels are checked twice daily both morning and evening.

We make every effort to do all cleaning and maintenance outside of opening hours but in unforeseen circumstance we may need to close to pool for essential work.

Consult with a qualified healthcare professional before using the pool side hot tub, especially if you have pre-existing medical conditions, circulatory issues, or are pregnant.

Please act sensibly around the pool. No running and diving.

Do not use the pool or hot tubs while under the influence of alcohol.

No smoking at the pool area.

There is a sign next to the poolside hot tub with instructions on how to use the controls for the hot tub jets, bubbles and lights.

Please follow these instructions and don't change any other settings.

If there is any sign of lightning, please exit the pool immediately and do not re-enter until at least 20 minutes after the lightning has passed.

No glass or chinaware whatsoever is allowed in the pool area. Please use the non breakables provided in the pool house.

The floor in the pool house may become slippery. Please dry your feet before entering and take care.

Woodland Sanctuary

Our Woodland Sanctuary is a private area which is bookable as well as included with retreats and some of our spa packages. Please only enter at the arranged times.

If your spa or retreat package includes use of the sanctuary we will discuss with you what times it is available.

Guests in our shepherd huts have the option to book the sauna sanctuary and cold bath by the hour for private hire. The wood fired hot tub is not included and is bookable as an extra.

The ground and paths in the woods are uneven so please take care.

Do not visit the sanctuary on your own, it is only for groups of 2 or more for safety reasons.

With hot and cold therapy it is extremely important to stay hydrated.

Sauna

It requires a lot of wood to heat the sauna so it is not environmentally friendly or economical to leave it running all day which is why we open it in prearranged slots.

We will pre heat the sauna for you. Feel free to add a log or 2 to the bruner during your session. If there is any problem please let us know immediately.

Consult with a qualified healthcare professional before using the sauna, especially if you have pre-existing medical conditions, circulatory issues, or are pregnant.

It is recommended to spend between 5-15 minutes in the sauna at any one time. There is a sand timer in the sauna to time yourself. Cool off and shower before re-entering the sauna. If at any time you start to feel dizzy, please exit the sauna immediately.

Please sit on a towel while using the sauna.

Do not touch the stones as they are extremely hot. If one does drop out of the basket inform us immediately.

Hot Tub

The hot tub in the sanctuary is a large Skarsgard wood-fired tub which can fit up to 10 people.

Being a wood fired and large tub it requires quite a bit of preparation and time to fill and heat so we do require a few days notice.

Any issues or questions just contact us immediately.

Consult with a qualified healthcare professional before using the hot tub, especially if you have pre-existing medical conditions, circulatory issues, or are pregnant.

The cover is heavy so don't attempt to remove or replace. We will do this for you.

Woodland Sanctuary Continued

Cold Bath

Our cold bath is continually chilled to 8-10 degrees Celsius but it maybe be lower in winter months due to the colder ambient temperature.

Cold exposure has many proven health benefits, both physical and mental but it can be dangerous in the wrong circumstance. Please adhere to all our rules and guidelines for the safest experience possible.

Do not use the cold bath on your own.

Consult with a qualified healthcare professional before using the cold bath, especially if you have pre-existing medical conditions, circulatory issues, or are pregnant. Cold exposure may have varying effects on different individuals, and your health status should be assessed to determine suitability.

Cold exposure can be intense, and it is recommended to start with shorter durations and gradually increase the time spent in the cold bath as your body adapts. Prolonged exposure may lead to hypothermia or other adverse reactions.

The cold bath contains no chemicals. It has a filter system and we change the water periodically.